



RED RIBBON WEEK® OCT. 23-31 • WWW.REDRIBBON.ORG

Be Kind To Your Mind, Live Drug Free

What? Red Ribbon Week is a national campaign to educate children about what drugs are, their dangers, ways to say no, and how to make healthy choices. Schools across our nation celebrate this week!

When? **October 23- October 27**

Why? Many schools celebrate Red Ribbon Week because it's important to talk to children early and often about drugs. Unfortunately, many children are exposed to drugs or people who use drugs at a very early age, and they deserve some education about the topic. Schools are joining the campaign to provide education in an age-appropriate and fun way. Red Ribbon week is also about building community in our school through celebration of healthy messages!

How? We are celebrating in several ways. Students will watch and discuss short videos that inspire children to commit to living a drug free and healthy life; and we will have theme days to celebrate healthy, drug-free messages.

OUR THEME DAYS WILL BE:

Monday 10/23	Tuesday 10/24	Wednesday 10/25	Thursday 10/26	Friday 10/27
<u>THEME</u>	<u>THEME</u>	<u>THEME</u>	<u>THEME</u>	<u>THEME</u>
Be Kind To Yourself	Be Kind To Your Mind	Be Kind To Others	Be Kind To Your School	Be Kind To Your Body
<u>What We Wear</u> Wear RED to show you love yourself	<u>What We Wear</u> Wear something with a POSITIVE message	<u>What We Wear</u> Wear ORANGE to unite against bullying	<u>What We Wear</u> Wear your HOUSE colors	<u>What We Wear</u> Wear workout/ exercise clothes
				